

1) Choose a human emotion e.g. *fear*, *love*, hate, *happiness* etc.

2) Use this formula to write a poem:

- What colour is the emotion?
- What does it taste like?
- What does it smell like?
- What does it look like?
- What does it sound like?
- What does it feel like?

Example poem:

Fear

Fear is black like stormy clouds.

It tastes like cold rice pudding.

It smells musty and damp

It looks like a dark lonely street.

It sounds like echoing footsteps,

It feels like being alone.

Be as creative as possible to bring
your poem alive.