





St Edmunds Suggested Weekly Plan Date w/c 8th June

Year: Y6

Welcome to Week 9. We would like to make you aware that for the remainder of the term, **Fridays will be a revision/catch up day**. As previously, you can email us with examples of work or for any support needed on: year6@st-edmunds.richmond.sch.uk If your child is emailing from their own account, please ensure they cc you.

Below is the suggested home learning schedule for this week. We are available to be contacted regarding any additional support we can provide. Answers and method for the daily maths challenge questions are available on the Year 6 Week 9 home learning page. We are looking forward to seeing some of you next week! Miss Juniper and Miss Morris.

Monday	Tuesday	Wednesday	Thursday	Friday
PE: Morning Workout – e.g. Joe Wicks, Cosmic Kids Yoga				
<p>English – Hercules (Disney theme) </p> <p>Lesson 1: Familiarise yourself with the Hercules movie.</p> <p>If you are unable to access the film, please research the story and the characters online.</p>	<p>English/Geography – Hercules (Disney theme) </p> <p>Lesson 2: Athens is the capital of Greece. Find out where it is and mark it on a map of Greece. Write down the names of the seas that surround Greece. Try and find out roughly how many miles away Greece is from Great Britain and Whitton? On the map of Europe, draw a line showing the quickest route between Greece and Whitton. How many different countries and oceans would you have to travel across? Now try this using the LONGEST route possible!</p>	<p>English/Art – Hercules (Disney theme) </p> <p>Lesson 4: <u>Who were the gods?</u> Read the sheet on the website and complete the task about gods and goddesses. You will need some blank paper or a sketch book and drawing materials for this task.</p>	<p>English – Hercules (Disney theme) </p> <p>Lesson 5: Myths</p> <p><u>What is a myth?</u> Read the sheet on the website and complete the task about myths.</p>	<p style="text-align: center;">Revision Day</p> <p>Please use today to revise previous learning. This allows you to have a ‘catch up’ opportunity or to deepen any learning surrounding particular topics or tasks that the children were interested in.</p>
<p>Maths Website: (Summer term, week 7) https://whiterosemaths.com/homelearning/year-6/ Lesson 1: <u>Find a rule</u> – watch the video and complete the activity sheet (<i>sheet & answers on Y6 Week 9 page</i>)</p>	<p>Maths Website: (Summer term, week 7) https://whiterosemaths.com/homelearning/year-6/ Lesson 2: <u>Forming expressions</u> - watch the video and complete the activity sheet (<i>sheet & answers on Y6 Week 9 page</i>) Daily challenge: 9th June sheet saved on the website (Y6 W9)</p>	<p>Maths Website: (Summer term, week 7) https://whiterosemaths.com/homelearning/year-6/ Lesson 3: <u>Substitution</u> – watch the video and complete the activity sheet (<i>sheet & answers on Y6 Week 9 page</i>) Daily challenge: 10th June sheet saved on the website (Y6 W9)</p>	<p>Maths Website: (Summer term, week 7) https://whiterosemaths.com/homelearning/year-6/ Lesson 4: <u>Solve simple one-step equations</u> – watch the video and complete the activity sheet (<i>sheet & answers on Y6 Week 9 page</i>) Daily challenge: 11th June sheet saved on the website (Y6 W9)</p>	

Daily challenge: 8 th June sheet saved on the website (Y6 W9)				
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PE: One hour of dedicated movement time

Projects for the Week

Online resources: Please continue to use resources such as Sumdog, Authorfy and Get Epic to enhance your home learning. There are no set activities to complete on these.

Growth Mindset – Week 1: EMOTIONS

We feel that it is really important to look after our minds as much as it is to look after our bodies. Over the next few weeks, we would encourage you to complete (perhaps as a family) some of the suggested activities in the ‘Grow your mind’ programme designed by the local authority’s emotional health service. This week, the focus is on our emotions. We hope that you will find links between this and some of the work completed during the previous poetry unit.

Task: Read through the pack and decide together with your adult how you would like to complete each task. You may be comfortable with some tasks more than others and that is absolutely fine.

We would recommend first looking at the ‘**How do you feel sheet**’. This is a suggested template but you may wish to create your own. Each day, refer to your sheet and observe how you are feeling. DO you feel different each day? Are there certain parts of the day that always make you feel stressed? Are there some days where you feel happy all day? Try to think about what makes you feel this way.

Look at the ‘**My Feelings**’ resource sheet. You can complete this on your own or you may prefer to choose someone you trust to share your answers with. (Sharing your feelings can sometimes be really hard but usually makes you feel better in the end.)

Look at the ‘**Feelings Thermometer**’ resource. You can use the template or make your own example. Try using your thermometer during the day. If you can, as an extra challenge, try to explain to someone how you are feeling at different times during the day. Use your thermometer to help you.

Read through: ‘**What things cause me to feel stressed or worried?**’ sheet and ‘**What is self-regulation?**’ Complete each sheet. It may help to discuss your work with a trusted adult. Complete the ‘**3-2-1 Exercise**.’

Physical challenge:

Please see the physical challenge sheet on the Year 6 home learning page.