

St Edmund's Suggested Weekly Plan

Date w/c 8th June

Year 1



Outlined below are a range of activities that you may want to follow as part of your home learning schedule. At school we will be following this same plan so please excuse Monday's 'Back to school' section.

As you can see below, tasks should not be very long at all. We have included timings to give you an indication of how long could be spent on each task. Our aim over the next couple of weeks is to ensure that all children have the skills necessary to move on to Year 2, and so this is what we will be focusing on, consolidating key skills.

For the maths activities we will continue to use the White Rose maths resources. These are based on the topics that we would have been covering in school at this time. Each lesson contains a video to explain the task, an activity for the children and the answers. The link to access the maths is as follows <https://whiterosemaths.com/homelearning/year-1/> . Please ignore the week dates as we continue to work a week behind that on the website.

We find ourselves in a new and challenging time in which not only our physical health is at risk but our mental health and wellbeing and so each week we are going to focus on a different topic that encourages the development and maintenance of growth mindset (Dweck, 2007). We will be following some activities from a pack provided by our local authority to do so. Not only is this helpful in the current climate, it will continue to be helpful and stand them in good stead as it can help to support their academic abilities, help them to form healthy social relationships and vitally, contribute to building positive mental wellbeing.

We are available to be contacted via our year group email (year1@st-edmunds.richmond.sch.uk), however please bear in mind that we are teaching all day so may not respond to you as promptly as we have done during lockdown. We ask that no more than two photos, one photo could show a range of your child's work and the other a close up of their work that they feel most proud of, are sent in to us once a week per child.

	Day 1	Day 2	Day 3	Day 4	Day 5
5 mins	Morning Assembly led by Mrs Cuthbert and Miss Purton alternative days - via internet (only for children in school)				
15 mins	Morning Assembly from Mrs Moreland (please see school website)	Phonics - revision of GPCs	Phonics - can you spot the graphemes that make the ew sound? How many different graphemes are there that make the ew sound?	Phonics - can you spot the graphemes that make the ay sound? How many different graphemes are there that make the ay sound?	Phonics - recap the sounds covered this week.
15 mins	Back to School (children who are at school only, all other children choose a good book to read) <ul style="list-style-type: none"> Class rules Walk around 1 way system in school How/what to play at playtime Watch the Village School clip about showing you care while Social Distancing. 	Year 1 Spelling - introduce spelling words: <i>One, two, three, four, five</i>	Year 1 Spelling - learn the words of the week <i>One, two, three, four, five</i> Dictation - One day a boy picked up five stones. Two stones had black spots on them. Three stones had lines on them. He took them home and put four of them on his shelf.	Year 1 Spelling - learn the words of the week: <i>One, two, three, four, five</i> Dictation - There were two dogs that who lived in house number four. One of them was fluffy, the other wasn't. They each liked collecting bones. Fluffy had three bones and Bob had five bones.	Year 1 Spelling - learn the words of the week: <i>One, two, three, four, five</i> Dictation - Three girls crept into the car. They found one magic key in the car as well as two old toys, four mermaids and five sweets.
20 mins	Outdoor activity or PSHE Game	Outdoor activity or PSHE Game	Outdoor activity or PSHE Game	Outdoor activity or PSHE Game	Outdoor activity
5 mins	Washing of Hands Time				

15 mins	<p>Whole Class Reading - Traditional tales reading comprehension: Jack and the Beanstalk. Choose one of the differentiated reading comprehensions on Jack and the Beanstalk.</p> <p>Read the text using your phonics and add sound buttons.</p> <p>Talk about what happens in the story.</p>	<p>Whole Class Reading - Traditional tales reading comprehension: Jack and the Beanstalk. Re-read the reading comprehension on Jack and the Beanstalk.</p> <p>Choose one of the differentiated reading comprehension questions and answer them.</p> <p>Remember to find the answers in the text to help you.</p>	<p>Whole Class Reading - Traditional tales reading comprehension: Little Red Riding Hood. Choose one of the differentiated reading comprehensions on Little Red Riding Hood.</p> <p>Read the text and add sound buttons.</p> <p>Talk about what happens in the story.</p>	<p>Whole Class Reading - Traditional tales reading comprehension: Little Red Riding Hood. Re-read the reading comprehension on Little Red Riding Hood.</p> <p>Choose one of the differentiated reading comprehension questions and answer them.</p> <p>Remember to find the answers in the text to help you.</p>	<p>Reading - Read to someone at home</p>
10 mins	<p>Handwriting Work on the following letters: i, l, j, t</p>	<p>Handwriting Work on the following letters: i, l, j, t</p>	<p>Handwriting Work on the following letters: i, l, j, t</p>	<p>Handwriting Work on the following letters: i, l, j, t</p>	<p>Handwriting Revision of letters taught this week</p>
15 mins	<p>Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.</p>	<p>Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.</p>	<p>Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.</p>	<p>Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.</p>	<p>Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.</p>
15 mins	<p>Outdoor physical break Maths games</p>	<p>Outdoor physical break Maths games</p>	<p>Outdoor physical break Maths games</p>	<p>Outdoor physical break Maths games</p>	<p>Outdoor physical break</p>
5 mins	Washing of Hands Time				
10 mins - Eat a mid-morning snack					

55 mins	What is Mental Health? (Follow the Anna Freud - Mental Health lesson plan below)	<p>Maths - White Rose Remember to ignore dates- we are working a week behind. Summer Term- Week 5 (W/C 18th May) Lesson 1- Comparing length and height</p> <p>Watch the video and complete the activity sheet. You can download the sheet from the school website.</p>	<p>Maths - White Rose Remember to ignore dates- we are working a week behind. Summer Term- Week 5 (W/C 18th May) Lesson 2- Measuring length (1)</p> <p>Watch the video and complete the activity sheet. You can download the sheet from the school website.</p>	<p>Maths - White Rose Remember to ignore dates- we are working a week behind. Summer Term- Week 5 (W/C 18th May) Lesson 3- Measuring length(2)</p> <p>Watch the video and complete the activity sheet. You can download the sheet from the school website.</p>	<p>Maths - White Rose Remember to ignore dates- we are working a week behind. Summer Term- Week 5 (W/C 18th May) Lesson 4 -Introduce weight and mass</p> <p>Watch the video and complete the activity sheet. You can download the sheet from the school website.</p>
15 mins	Outdoor physical break Maths games	Outdoor physical break Maths games	Outdoor physical break Maths games	Outdoor physical break Maths games	Outdoor physical break
5 mins	Washing of hands Time				
30 mins	Lunch time				
15 mins	Washing of hands and Guided relaxation				
40 mins	Art - Feelings (Follow the Anna Freud 'Talking Mental Health Cross Curricular Lessons' Lesson 1)	Emotions (follow the AFC Emotions sessions) Recap about different feelings we talked about yesterday, complete the 'My Feelings' sheet and talk through the thermometer. <i>When might you be red? Blue? Green?</i>	Emotions (follow the AFC Emotions sessions) Recap on Emotions learning covered this week and complete the 'things that cause me stress' sheet and the 'self-regulation' sheet. fill your 'stressful feelings bucket' with things that stress you and then add in	Emotions (follow the AFC Emotions sessions) Recap on Emotions learning covered this week and talk about the positive things that come from experiencing a range of emotions (if appropriate positive things that have come from the coronavirus	RE - write a prayer to God thanking him for our emotions. Share this prayer with your family at home.

			things that self-regulate you.	- kindness, community spirit, nature, etc). Think back to the last few weeks, what are you thankful for and what behaviours would you like to continue with as we begin to come out of lockdown - spending more time as a family, phoning granny more, etc. Draw a picture of this. Complete the 3-2-1 evaluation sheet	
2:05-2:30 Pack up and Story time (outside weather permitting)					