St Edmund's Suggested Weekly Plan Date w/c 15th June Year: Y5



Welcome to Week 10. We would like to make you aware that for the remainder of the term, <u>Fridays will be a revision/catch up/quiz day</u>. As previously, you can email us with examples of work or for any support needed on: year5@st-edmunds.richmond.sch.uk

Below is the suggested home learning schedule for this week. For the maths activities this week, we are using the White Rose maths resources. Each lesson contains a video to explain the task, an activity for the children and the corresponding answers. The link to access the maths is as follows https://whiterosemaths.com/homelearning/year-5/. Please ignore the 'week dates' as we are working to a different schedule than the website.

Monday	Tuesday			Wednesday				Thursday	Friday			
Morning Worship – Each morning, ask God to help you with one thing you are struggling with. Tell God what you are grateful for each day too.												
English – Year 5 Magazine	English – Yea	English – Year 5 Magazine				English – Year 5 Magazine	Revision/Quiz Day					
Collaborative Project	Collaborative Project			Collaborative Project				Collaborative Project				
-		Today's Tasks:										
Big Idea: A Year 5 Magazine that	Today's Task: Take/draw a picture for			Task 1: Make a success criteria for the				Today's Task: With your adult's				
contains a contribution from all	your magazine article and include a			features of a magazine article.				permission, please email us the				
members of the year group that will be	caption to match.			Task 2: Ring/zoom/ WhatsApp one of				answers to the following questions:				
compiled into one magazine and each	You might like to send your photo to			your class members and read them the				1. <u>Is your article/magazine</u>				
child will have a copy by the end of the	another class member and have them			first draft of your chosen magazine				piece finished?				
year.	come up with/guess your caption.			'piece'.				2. What made you decide to				
	, , ,			Have you included any features from				do the article/piece you				
Today's Task: Look through your plan	Think back to the photos we took in			your success criteria in your magazine				have chosen to produce?				
from last week. What can you do to	class for our anti-bullying magazine.			'piece'? If you have:				3. Who or what helped you				
edit and improve your ideas?				What features were they?				to complete this task?				
				Why did you chose to add them?				4. What would you like to				
Complete the first draft of your chosen				What else could you add to improve				see in the finished				
magazine 'piece'.				your work?				magazine?				
Challenge: Noah bought 3 pineapples	Challenge: W	Challenge: Which two of the following				Challenge: If 90 D in a RA stands for						
and 5 peppers which altogether cost	multiply each of these numbers by			calculations give the same total?				90 degrees in a right angle, what do				
£36.	1001:							the following stand for?				
On another occasion he bought												
6 pineapples and 15 peppers which	2	32	951	67 + 22	11 x 2	41 - 20	2 + 92	180 D in a T				
cost £87.								7 D in a W				
Assume the cost of pineapples and								10MM in a CM				
peppers stays the same. How much	901	190	852					366 D in a LY				
does one pineapple cost? How much								SW and the 7 D				
does one pepper cost?	4572	2444	2072	87 + 83	2 x 9	40 + 69	33 - 13					
Ada_	4573	3144	2873					<u>Maths</u>				
	Now lead be		~ Cor					Maths – (Please ignore dates)				
	Now look back at your working. Can you find a quick way of doing these calculations in your head? Try this							Summer Term White Rose – Lesson				
								Reference: Week 5 (w/c 1st June)				
Lint: The answers are whole numbers exercise again with differen				1 x 4	27 - 10	75 + 70	33 - 18	Lesson 4 – Using fractions as				
Hint: The answers are whole numbers.	exercise agair	i with different r	iumbers					operators.				

Maths Maths – (Please ignore dates) Summer Term White Rose – Lesson Reference: Week 5 (w/c 1 st June) Lesson 1 – Multiply unit and non-unit fractions by	Maths Maths – (Please ignore dates) Summer Term White Rose – Lesson Reference: Week 5 (w/c 1 st June) Lesson 2 – Multiply mixed numbers by an integer.	15 + 10	10 x 7	8 x 12	8 x 7		
an integer.		23 + 71	5 x 10	7 x 9	99 + 21		
		Term Whi Week 5 (w	Maths Maths – (Please ignore dates) Sur Term White Rose – Lesson Refere Week 5 (w/c 1 st June) Lesson 3 – Fractions of an amount.				

PE: One hour of dedicated movement time

Project for the Week - Growth Mindset - Week 2: RELAXATION

We hope you enjoyed the growth mindset work from last week. This week we will continue to work through the programme and the focus will be on **relaxation**. We hope you take this as an opportunity to find little moments in your day to relax and breathe...

Last week, we spent some time looking at the range of emotions we experience throughout the day. This week, we will build on this learning to look at strategies to reduce our stress and anxiety when we are experiencing negative emotions.

Task 1: Read through the 54321 worksheet. This technique can be really useful to help yourself (or others) who may be experiencing strong emotions.

<u>Task 2:</u> When we are frightened or angry or stressed, we often don't breathe properly. This means our breath is 'shallow' and can cause us to feel worse. One of the best ways to encourage your body to return to a relaxed stay is to control your breathing. Try one of the 'breathing' exercises suggested in the learning pack: Bubble breathing, Hand breathing or Star breathing. **NB: All breathing exercises should be breathing in through the nose and out through the mouth.**

Task 3: Complete the Relaxing stretches worksheet. Try completing the exercises in the morning and before you go to bed.

<u>Task 4</u>: Take time to be outdoors (whilst following government guidelines) to appreciate the natural world. Complete the **Being outside in nature** worksheet.

Task 5: At the end of the week, complete the 3,2,1 exercise.

RE

Mr Nash has given us the challenge of entering the Knights of Columba prayer writing competition. Your challenge is to write a prayer, no more than 100 words, on the theme 'Protecting Children in the World Today'. Prayers should be typed and emailed in to us.

Example Prayers:

Father, I want to live in the shadow of Your wing.

When life is hard, and I don't know what to do, help me remember that You are with me and that I am never alone.

I cannot live without You. Today I choose to walk and live under the protection of You, The Most High.

In Jesus' name.

Amen

Lord God, I pray for Your protection as I begin this day. You are my hiding place, and under Your wings I can always find refuge.

Protect me from trouble wherever I go. No matter where I am, I will look to You as my Protector. Your love and faithfulness, along with Your goodness and mercy, surround me daily.

My trust is in You, God, and I give thanks to You for Your love and protection.

In Jesus' name, Amen.