

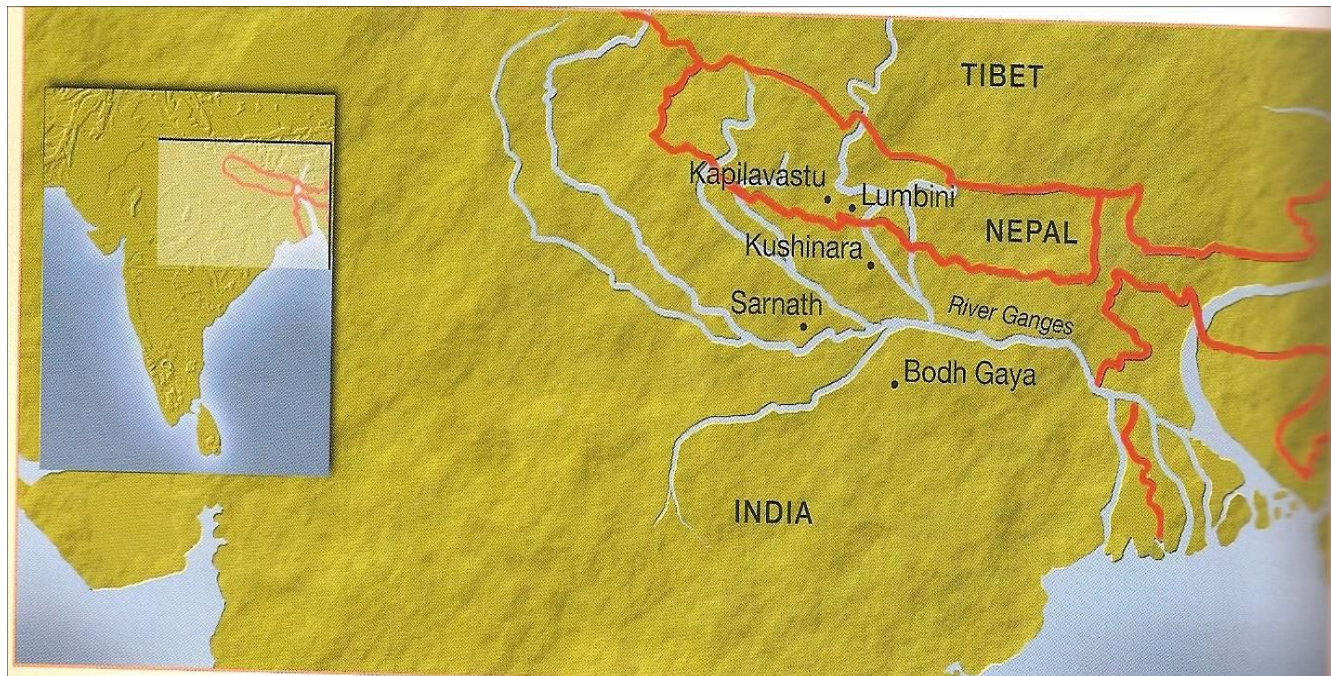
KEYWORDS



- ◉ Asceticism - the life of a holy man, when you deny yourself excess and indulgence
- ◉ Enlightenment - an understanding about what is true and real
- ◉ Devas - another word for spirits
- ◉ Renunciation - giving something up, in this case the Buddha renounced his princely life
- ◉ Buddha - a title meaning the enlightened one, given to Siddhartha Gotama
- ◉ Meditation - Thinking about something deeply, reflecting

THE LIFE OF BUDDHA - BEFORE BIRTH

- The Buddha was born Siddhartha Gotama in a town called Lumbini, in India, near Nepal about 2500 years ago



THE LIFE OF BUDDHA - SPECIAL SIGNS

- Before and after his birth there were signs that the child would be important.
- His Mother Queen Maya had a dream a special dream which meant the Buddha was going to be important



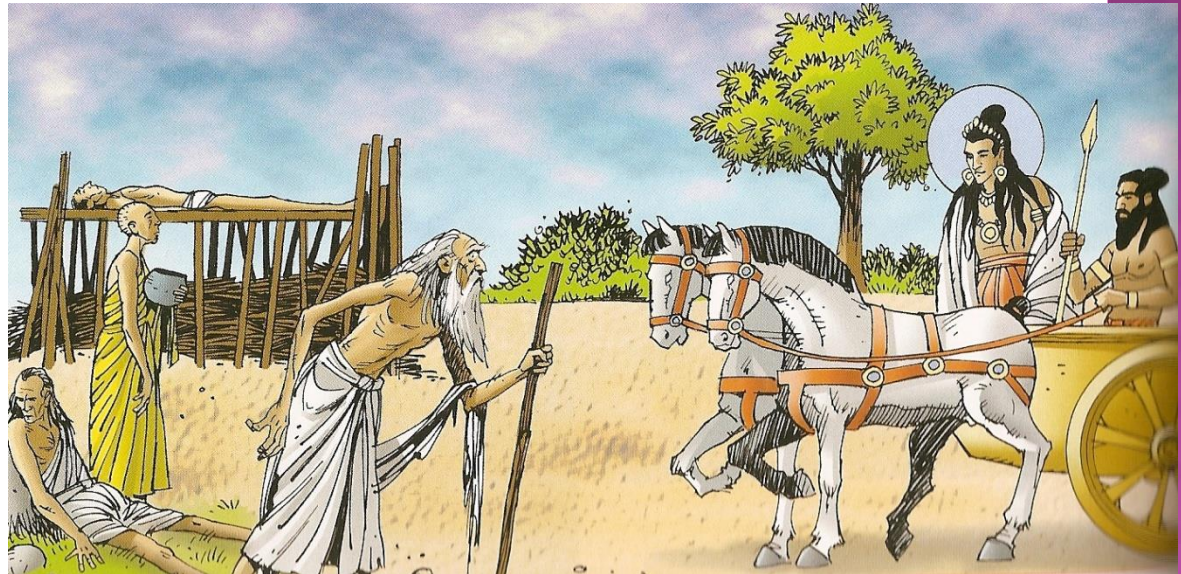
THE LIFE OF BUDDHA - LIFE AT THE PALACE

- ◉ The King did not want his son to see suffering so he decided Siddhartha should live a life of luxury sheltered from the realities of the world
- ◉ He had everything he could ever want and at an early age married a beautiful princess Yasodhara



THE LIFE OF BUDDHA - THE FOUR SIGNS

- ◉ Despite the King's attempts to protect Siddhartha from the realities of the world but Siddhartha was not happy living like a prisoner.
- ◉ One day he went out hunting and he saw the four sights
 - Old age
 - Sickness
 - Death
 - A holy man



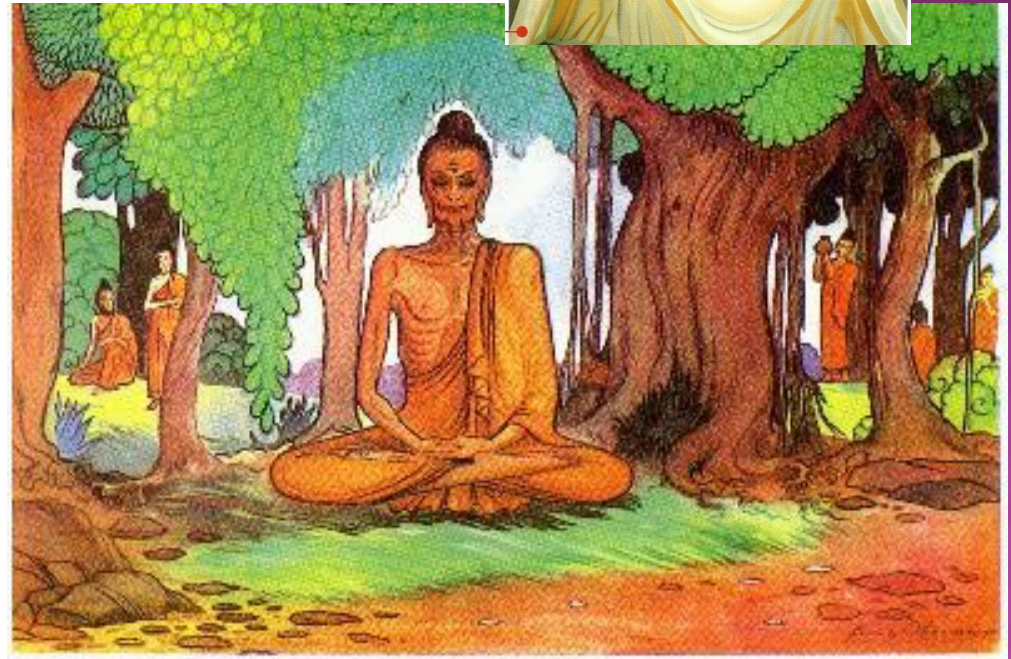
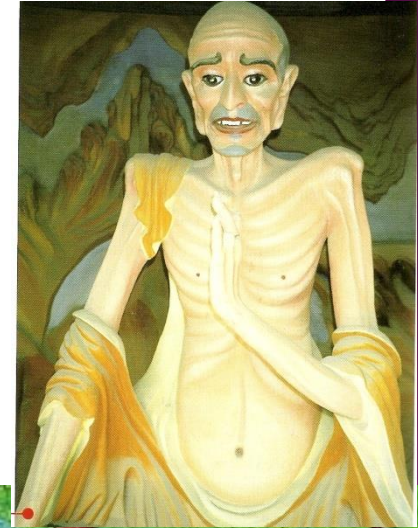
THE LIFE OF BUDDHA - THE GREAT RENUNCIATION

- Each of the four sights made Siddhartha sad, and made him think about life.
- The day after his son was born Rahula, Siddhartha decided that he must leave home in a quest for enlightenment, it was tough for him to leave his family but he thought he was doing it for the best and as soon as he reached enlightenment he would return.



LIFE OF BUDDHA - A LIFE OF ASCETICISM

- ◉ Gotama then lived as a Holy man. He had no money, clothes or luxury. He ate very little and was near to death when he realised this was not the answer.
- ◉ He gave it up and decided a middle way was better between extreme luxury and extreme poverty



THE LIFE OF BUDDHA - ENLIGHTENMENT

- ◉ Gotama did not give up his search, instead he sat himself under a Bodhi tree and meditated, determined to find the truth.
- ◉ Whilst under the tree he was faced with many temptations sent by Mara - the force of evil.
- ◉ Then gradually as morning came he saw things in a new way, he became enlightened and the supreme Buddha



THE LIFE OF BUDDHA - HIS FIRST TEACHINGS

- ◉ Siddhartha Gotama was now the enlightened one - The Buddha, and had reached enlightenment.
- ◉ He decided to share his teachings and ideas.
- ◉ The Buddha then went and taught his first sermon in the Deer Park at Sarnath.



STORY BOARD

Summary

- ◉ Siddartha was a rich prince
- ◉ He saw An Old Man
- ◉ He saw A Sick Man
- ◉ He saw A Funeral
- ◉ He saw a Beggar
- ◉ He tried living as a Holy man
- ◉ He reached enlightenment and became the Buddha
- ◉ He began to teach his ideas about enlightenment to the monks in the park

