

# St Edmund's Suggested Weekly Plan

Date w/c 22nd June

Year 1



Outlined below are a range of activities that you may want to follow as part of your home learning schedule.

As you can see below, tasks should not be very long at all. We have included timings to give you an indication of how long could be spent on each task.

Our aim over the next couple of weeks is to ensure that all children have the skills necessary to move on to Year 2, and so this is what we will be focusing on, consolidating key skills.

For the maths activities we will continue to use the White Rose maths resources. These are based on the topics that we would have been covering in school at this time. Each lesson contains a video to explain the task, an activity for the children and the answers. The link to access the maths is as follows <https://whiterosemaths.com/homelearning/year-1/> . Please ignore the week dates as we continue to work 2 weeks behind.

We find ourselves in a new and challenging time in which not only our physical health is at risk but our mental health and wellbeing and so each week we are going to focus on a different topic that encourages the development and maintenance of growth mindset (Dweck, 2007). We will be following some activities from a pack provided by our local authority to do so. Not only is this helpful in the current climate, it will continue to be helpful and stand them in good stead as it can help to support their academic abilities, help them to form healthy social relationships and vitally, contribute to building positive mental wellbeing.

We are available to be contacted via our year group email ([year1@st-edmunds.richmond.sch.uk](mailto:year1@st-edmunds.richmond.sch.uk)), however please bear in mind that we are teaching all day so may not respond to you as promptly as we have done during lockdown. We ask that no more than two photos, one photo could show a range of your child's work and the other a close up of their work that they feel most proud of, are sent in to us once a week per child.

	Day 1	Day 2	Day 3	Day 4	Day 5
	5 minute morning assembly led by Mrs Cuthbert and Miss Purton (only for children in school)				
15 mins	<p><b>Mrs Moreland's Assembly</b></p> <p><b>Phonics</b> - GPCs (Go through all of the different phonemes)</p>	<p><b>Phonics: oo</b> - Play Education City Balloon Ride.</p> <p>Can you spot any <i>oo, ew, ou, u-e, ue</i>, graphemes in your reading today?</p>	<p><b>Phonics: igh</b> - Play Education City Balloon Ride.</p> <p>Can you spot any <i>igh, ie, i-e</i> graphemes in your reading today?</p>	<p><b>Phonics: oa</b> - Complete the activity on the school website.</p> <p>Can you spot any <i>oa, oe, o-e</i> graphemes in your reading today?</p>	<p><b>Phonics</b> - recap the sounds covered this week.</p>
15 mins	<p><b>Year 1 Spelling Test</b> - Spellings - <i>six, seven, eight, nine, ten</i></p> <p>Teach - Introduce spelling words: <i>eleven, twelve, thirteen, fourteen, fifteen</i></p>	<p><b>Year 1 Spelling</b> - introduce spelling words: <i>eleven, twelve, thirteen, fourteen, fifteen</i></p> <p><u>Dictation</u> I looked for minibeasts in my garden. I found <i>eleven</i> spiders, <i>twelve</i> snakes, <i>thirteen</i> beetles, <i>fourteen</i> butterflies and <i>fifteen</i> snails.</p>	<p><b>Year 1 Spelling: eleven, twelve, thirteen, fourteen, fifteen</b></p> <p><u>Dictation</u> I went to the aquarium and I saw <i>eleven</i> seahorses, <i>twelve</i> jellyfish, <i>thirteen</i> sharks, <i>fourteen</i> turtles and <i>fifteen</i> stingrays.</p>	<p><b>Year 1 Spelling -: eleven, twelve, thirteen, fourteen, fifteen</b></p> <p><u>Dictation</u> I went to a castle and I saw <i>eleven</i> swords, <i>twelve</i> horses, <i>thirteen</i> knights, <i>fourteen</i> shields and <i>fifteen</i> rooms.</p>	<p><b>Punctuation and Grammar Task</b> - What are nouns?</p> <p>Watch the video clip and complete the activities about nouns on bbc bitesize. <a href="https://www.bbc.co.uk/bitesize/topics/zrqqtfr/articles/zpd8ng8">https://www.bbc.co.uk/bitesize/topics/zrqqtfr/articles/zpd8ng8</a></p>
15 mins	<p><b>Whole Class Reading Comprehension: Traditional Tales</b></p> <p>Read the story of the Three Little Pigs choosing <u>one</u> of the differentiated stories.</p> <p>Add sound buttons and spot the high frequency words.</p> <p>Talk to your adult about the story and the characters.</p>	<p><b>Whole Class Reading Comprehension: Traditional Tales</b></p> <p>Retell the story of the Three Little Pigs to your adult.</p> <p>Then answer one of the differentiated activity question sheets.</p> <p>Remember to find the answer in the text.</p>	<p><b>Whole Class Reading Comprehension: Traditional Tales</b></p> <p>Read the story of the Gingerbread Man choosing <u>one</u> of the differentiated stories.</p> <p>Add sound buttons and spot the high frequency words.</p> <p>Talk to your adult about the story and the characters</p>	<p><b>Whole Class Reading Comprehension: Traditional Tales</b></p> <p>Retell the story of the Gingerbread Man to your adult.</p> <p>Then answer one of the differentiated activity question sheets.</p> <p>Remember to find the answer in the text.</p>	<p><b>Reading</b> - Read to someone at home</p>
<b>20 minute break time</b>					
<b>Washing of hands</b>					

10 minutes eat a snack					
10 mins	<b>Handwriting</b> Work on the following letters: Recap - i, l, j, t, j, u, y Teach - b, p, h	<b>Handwriting</b> Work on the following letters: Recap - i, l, j, t, j, u, y Teach - b, p, h	<b>Handwriting</b> Work on the following letters: Recap - i, l, j, t, j, u, y Teach - b, p, h	<b>Handwriting</b> Work on the following letters: Recap - i, l, j, t, j, u, y Teach - b, p, h	<b>Handwriting</b> Revision of letters taught this week
15 mins	<b>Creative Writing</b> <a href="https://www.pobble365.com/">https://www.pobble365.com/</a> Write something that is inspired by the picture of the day! Share with others.	<b>Creative Writing</b> <a href="https://www.pobble365.com/">https://www.pobble365.com/</a> Write something that is inspired by the picture of the day! Share with others.	<b>Creative Writing</b> <a href="https://www.pobble365.com/">https://www.pobble365.com/</a> Write something that is inspired by the picture of the day! Share with others.	<b>Creative Writing</b> <a href="https://www.pobble365.com/">https://www.pobble365.com/</a> Write something that is inspired by the picture of the day! Share with others.	<b>Creative Writing</b> <a href="https://www.pobble365.com/">https://www.pobble365.com/</a> Write something that is inspired by the picture of the day!
55 mins	<b>Year 1 Maths - White Rose Summer Term- Week 7 (W/C 8th June)</b> <b>Lesson 1 - Counting in 2s</b> <i>Remember to ignore dates- we are working 2 weeks behind.</i> Watch the video and complete the activity sheet. You can download the sheet from the school website. You may find it useful to use your toys to group into 2s, draw circles in twos to represent counters or use a number square.	<b>Year 1 Maths - White Rose Summer Term- Week 7 (W/C 8th June)</b> <b>Lesson 2 - Counting in 5s</b> <i>Remember to ignore dates- we are working 2 weeks behind.</i> Watch the video and complete the activity sheet. You can download the sheet from the school website. You may find it useful to use your toys to group into 5s, draw circles in fives to represent counters or use a number square.	<b>Year 1 Maths - White Rose Summer Term- Week 7 (W/C 8th June)</b> <b>Lesson 3 - Counting in 10s</b> <i>Remember to ignore dates- we are working 2 weeks behind.</i> Watch the video and complete the activity sheet. You can download the sheet from the school website. You may find it useful to use your toys to group into 10s, draw circles in tens to represent counters or use a number square.	<b>Year 1 Maths - White Rose Summer Term- Week 7 (W/C 8th June) Lesson 4 - Add equal groups</b> <i>Remember to ignore dates- we are working 2 weeks behind.</i> Watch the video and complete the activity sheet. You can download the sheet from the school website.	<b>Year 1 Maths</b> Review learning done this week  Make a poster showing what you have learnt.
<b>Washing of hands Time</b>					
<b>Lunch time</b>					
<b>Washing of hands and guided relaxation</b>					
40 mins	<b>Growth Mindset - Positive Attitudes:</b> Explain to	<b>Growth Mindset - Positive Attitudes:</b> Can we	<b>Growth Mindset - Positive Attitudes:</b> Can we	<b>RE: Other Faiths - Hinduism</b> (The clips below	<b>Growth Mindset - Positive Attitudes:</b> Can

<p>children that this week we are going to focus on Positive attitudes. Ask them why they think this may be important? Explain that the way that we think impacts on how we feel and what we do. Being able to acknowledge our strengths and accomplishments can support us to hold a positive attitude which, in turn, supports confidence and can enhance self-esteem. Today's first strategy that we will focus on is 'Positive Affirmations'. Practise saying some of these. Which feel good? Which feel strange? Which one will you choose to use this week? Our second strategy today is 'Grow-ga' - Growth Mindset Yoga is a physical activity that pairs up yoga with positive affirmations. As a child completes each pose, help them to focus on a positive self-talk statement. This can also support focus. Practise a few poses.</p>	<p>remember our favourite positive affirmation phrase from yesterday? Try saying it to yourself a few times. Today we are going to focus on the Accomplishment Jar (Achieving goals and accomplishing our objectives helps us grow and build on success. This activity can help children identify what they feel their accomplishments are not matter how big or small. This can support them to feel more confident in their abilities). Spend time thinking about their accomplishments and fill in the jar.</p>	<p>remember our favourite positive affirmation phrase? Try saying it to yourself a few times. Today we are going to focus on realising 'I am awesome!' (This worksheet allows your child independently or with your support to write or draw all the things that make them awesome. This can support children to hold in mind their strengths.) Spend time thinking about what makes them awesome and fill in the sheet.</p>	<p>are advertised as KS2, however are still appropriate for KS1)</p> <p>Watch the video clips from bbc bitesize to learn about Hinduism.</p> <p><a href="https://www.bbc.co.uk/bitesize/topics/zh86n39/articles/zmpp92p">https://www.bbc.co.uk/bitesize/topics/zh86n39/articles/zmpp92p</a></p> <p>Now that you have watched the clip, tell your adult 3 things that you now know about Hinduism.</p> <p>Watch <a href="https://www.bbc.co.uk/bitesize/topics/zh86n39/articles/zjpp92p">https://www.bbc.co.uk/bitesize/topics/zh86n39/articles/zjpp92p</a></p> <p>Now that you have watched the clip, tell your adult 3 things that you now know about Diwali.</p> <p>On myUSO, make your own Rangoli patterns: Year 1/Busythings/ReligiousEducation/Other Religions/Rangoli patterns.</p>	<p>we remember our favourite positive affirmation phrase? Create a poster showing your favourite positive affirmation phrase. Make sure it is bright and colourful!</p>
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2:05-2:30 Pack up and Story time (outside weather permitting)