

St Edmunds Suggested Weekly Plan Date w/c 6th July

Year: Y6

Welcome to Week 13 - for the remainder of the term, **Fridays will be a revision/catch up day**. As previously, you can email us with examples of work or for any support needed on: year6@st-edmunds.richmond.sch.uk If your child is emailing from their own account, please ensure they cc you.

Below is the suggested home learning schedule for this week. We are available to be contacted regarding any additional support we can provide. Answers and method for the daily maths challenge questions are available on the Year 6 Week 13 home learning page. **We are looking forward to seeing more of you on Monday! Miss Juniper and Miss Morris.**

Monday	Tuesday	Wednesday	Thursday	Friday
PE: Morning Workout – e.g. Joe Wicks, Cosmic Kids Yoga				
English - Up  Lesson 1: Familiarise yourself with Up the movie. If you are unable to access the film, please research the story and the characters online.	English – Up  Lesson 2: If you could live anywhere in the world, where would it be? Would it be in the desert, mountains, rainforest or somewhere else? Why would you want to live there? Either draw a picture of your ideal surroundings or write a description using expressive language.	English - Up  Lesson 3: The main character, Carl Fredrickson has always dreamt of going to the wilds of South America. Where have you always wanted to go? Draw plans of how you could escape home/school to get to where you want to be	English – Up  Lesson 4: Art Task Create a piece of art work with the main theme as balloons. Draw your creation and think creatively about how you could use balloons to enhance an object.	Revision Day Please use today to revise previous learning. This allows you to have a ‘catch up’ opportunity or to deepen any learning surrounding particular topics or tasks that the children were interested in.
Maths Website: (Summer term, week 11) https://whiterosemaths.com/homelearning/year-6/ Lesson 1: <u>Vertically opposite angles</u> – watch the video and complete the activity sheet (<i>sheet & answers on Y6 Week 13 page</i>) Daily challenge: Monday 6 th July sheet saved on the website (Y6 W13)	Maths Website: (Summer term, week 11) https://whiterosemaths.com/homelearning/year-6/ Lesson 2: <u>Angles in a triangle</u> - watch the video and complete the activity sheet (<i>sheet & answers on Y6 Week 13 page</i>) Daily challenge: Tuesday 7 th July sheet saved on the website (Y6 W13)	Maths Website: (Summer term, week 11) https://whiterosemaths.com/homelearning/year-6/ Lesson 3: <u>Angles in special quadrilaterals</u> – watch the video and complete the activity sheet (<i>sheet & answers on Y6 Week 13 page</i>) Daily challenge: Wednesday 8 th July sheet saved on the website (Y6 W13)	Maths Website: (Summer term, week 11) https://whiterosemaths.com/homelearning/year-6/ Lesson 4: <u>Angles in regular polygons</u> – watch the video and complete the activity sheet (<i>sheet & answers on Y6 Week 13 page</i>) Daily challenge: Thursday 9 th July sheet saved on the website (Y6 W13)	
PE: One hour of dedicated movement time				

Projects for the Week

Growth Mindset – Week 4: SELF REFLECTION AND GOALS

It is important to remember that everyone should self-reflect in our daily lives and set goals that they would like to achieve. Last week, we spent some time looking at a variety of strategies to help us understand that worry is a natural part of life but that we can use certain strategies to create a more positive environment for ourselves to thrive and grow in our lives. This week, we will build on this learning to look at a range of approaches to help us self-reflect on the numerous positive aspects of our lives (family, friends, learning, hobbies, nature etc...). We also feel that it is important for us to set ourselves achievable goals in our lives, as this will help us grow as people, and help to improve our resilience and self-esteem.

Task 1: Complete the 'All about me' fact file activity in which you reflect on who you are and answer the 12 questions in each box. This worksheet will help you to focus upon the great many things you enjoy about your life and what you like to do.

Task 2: Complete the 'I am someone who...' worksheet. This is a great self-reflection exercise which can help you to recognise that you have wonderful strengths that have been given to you by God and you should celebrate how wonderful and special you are. It will also give you the opportunity to identify the areas that you would like to grow and improve in your life.

Task 3: Complete the Step by Step Mountain worksheet. Sometimes it feels like the problems we face in our lives or the goals we set ourselves are so difficult to face or achieve that we become very anxious about whether we have made the correct decision in a specific situation. This activity will help you to identify a possible difficulty or worry in your life and set a series of small, achievable steps to complete your goal! Remember to include using relaxing techniques you have already learnt this term, a peaceful song/piece of music that calms you down or an activity that helps you think clearly before tackling your worry.

Task 4: Complete the 'My Goal Ladder' worksheet. We all have aims and goals we want to achieve in life but sometimes we may feel that they are impossible to achieve. Is there something you really want to do in the next year? Learn to play the piano or guitar? Learn a new skill? Improve your drawing? This great goal ladder activity will help you plan for your goal by breaking it down into 5 steps- go for it!

Task 5: Complete the 'Facing New Challenges-origami' worksheet. Sometimes trying something new is a great way to learn something. Remember it is fine to make a mistake and it's okay not to get something correct the first time, you learn so much more sometimes from our mistakes in life. This task helps you to learn a new skill you may not have learnt before and is related to our topic of Polynesia-enjoy making your origami creations!

Task 6: At the end of the week, complete the 3,2,1 exercise.

Physical challenge:

Please see the physical challenge sheet on the Year 6 home learning page.