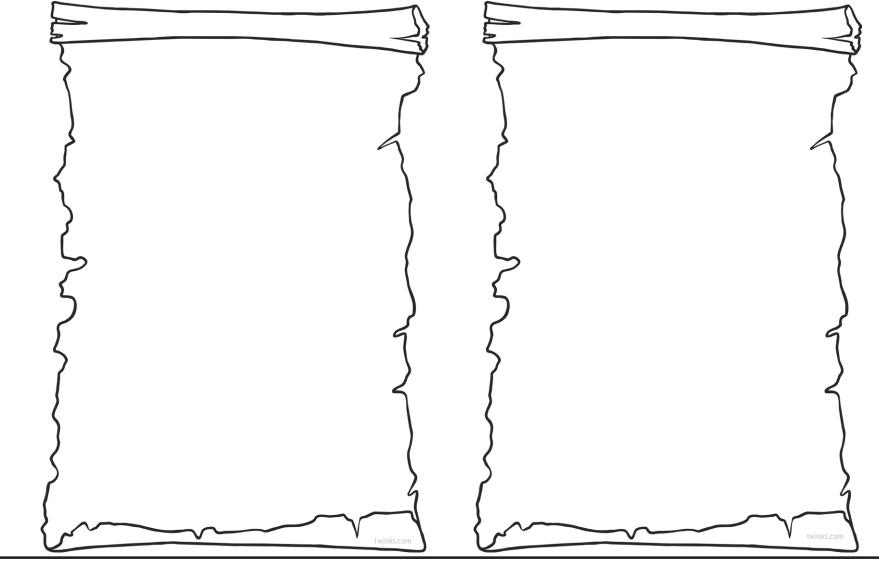
## Worry Messages in a Bottle

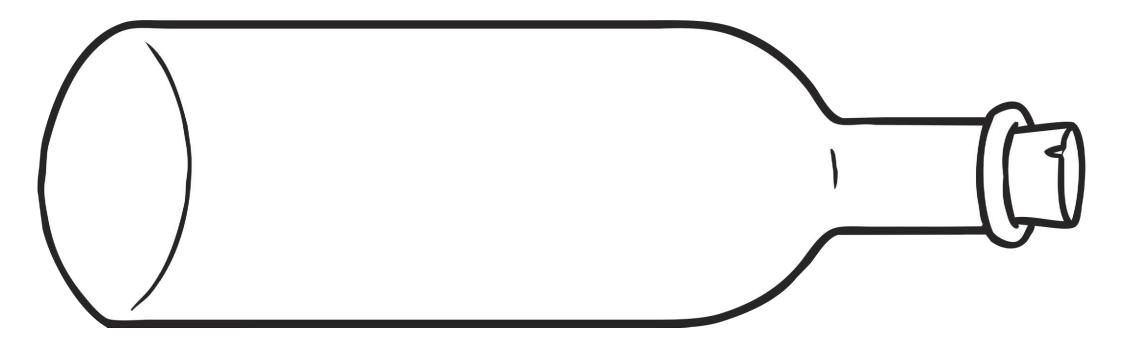
Cut out the scraps of paper below. Ask the children to write down the things that they might be worried about in their new class and place them in the bottle. These worries can then be discussed with the children.





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