

St Edmund's Suggested Weekly Plan

Date w/c 13th July

Year 1



Outlined below are a range of activities that you may want to follow as part of your home learning schedule.

As you can see below, tasks should not be very long at all. We have included timings to give you an indication of how long could be spent on each task.

For the maths activities we will continue to use the White Rose maths resources. Each lesson contains a video to explain the task, an activity for the children and the answers. The link to access the maths is as follows <https://whiterosemaths.com/homelearning/year-1/>. Please ignore the week dates as we will be working on a different week to the one we are currently in.

We find ourselves in a new and challenging time in which not only our physical health is at risk but our mental health and wellbeing and so each week we are going to focus on a different topic that encourages the development and maintenance of growth mindset (Dweck, 2007). We will be following some activities from a pack provided by our local authority to do so. Not only is this helpful in the current climate, it will continue to be helpful and stand them in good stead as it can help to support their academic abilities, help them to form healthy social relationships and vitally, contribute to building positive mental wellbeing.

We would like to take this opportunity to thank you for your continued support throughout this academic year, especially during lockdown. We would like to encourage all children to read regularly over the summer holidays so that they can maintain their reading skills and their developing love of it. We will be available to be contacted until 4 pm on 17th July via the year group email address year1@st-edmunds.richmond.sch.uk should you require any support this week or have any questions.

Wishing you all a restful and safe summer holiday.

God bless,

Mrs Cuthbert and Miss Purton

	Day 1	Day 2	Day 3	Day 4	Day 5
15 mins	Mrs Moreland's Assembly Phonics - Education City - Pick 2 Phonics games to play	Phonics - Education City - Pick 2 Phonics games to play	Phonics - Education City - Pick 2 Phonics games to play	Phonics - Education City - - Pick 2 Phonics games to play	Phonics - Education City - Pick 2 Phonics games to play
15 mins	Year 1 Spelling - Revise common exception words by completing one of the word searches - choose a new word search each day.	Year 1 Spelling - Revise common exception words by completing one of the word searches - choose a new word search each day	Year 1 Spelling - Revise common exception words by completing one of the word searches - choose a new word search each day	Year 1 Spelling - Revise common exception words by completing one of the word searches - choose a new word search each day	Punctuation and Grammar: Tenses Watch the clip about on bbc bitesize. Then complete the activities. https://www.bbc.co.uk/bitesize/topics/zrqqtfr/articles/z3dbg82
15 mins	Reading Comprehension Complete Education City's 'Granny's Puppet'	Reading Comprehension Complete Education City's 'The Toy Shop'	Reading Comprehension Complete Education City's 'Dancin in the Drizzle'	Reading Comprehension Complete Education City's 'The Train in the Attic'	Reading Comprehension Complete Education City's 'Twin Texts'
10 mins	Handwriting Complete the attached sheets	Handwriting Complete the attached sheets	Handwriting Complete the attached sheets	Handwriting Complete the attached sheets	Handwriting Complete the attached sheets
15 mins	Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.	Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.	Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.	Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.	Creative Writing https://www.pobble365.com/ Write something that is inspired by the picture of the day! Share with others.
15 mins	Outdoor physical break Maths games	Outdoor physical break Maths games	Outdoor physical break Maths games	Outdoor physical break Maths games	Outdoor physical break Maths games
5 mins	Washing of Hands Time				
10 mins Eat a mid-morning snack					

55 mins	<p>Year 1 Maths - White Rose Remember to ignore dates. Summer Term- Week 9 (W/C 22nd June) Lesson 1 - Counting to 100</p> <p>If this is tricky, have a Hundred Square or a Number Line in front of you to help you count while watching the video and completing the sheet.</p>	<p>Year 1 Maths - White Rose Remember to ignore dates. Summer Term- Week 9 (W/C 22nd June) Lesson 2 - Partitioning Numbers</p> <p>If this is tricky, have a Hundred Square or a Number Line in front of you to help you count while watching the video and completing the sheet.</p>	<p>Year 1 Maths - White Rose Remember to ignore dates. Summer Term- Week 9 (W/C 22nd June) Lesson 3 - Comparing Numbers</p> <p>If this is tricky, have a Hundred Square or a Number Line in front of you to help you count while watching the video and completing the sheet.</p>	<p>Year 1 Maths - White Rose Remember to ignore dates. Summer Term- Week 9 (W/C 22nd June) Lesson 4 - Comparing Numbers</p> <p>If this is tricky, have a Hundred Square or a Number Line in front of you to help you count while watching the video and completing the sheet.</p>	<p>Year 1 Maths</p> <p>Review learning done this week</p> <p>Make a poster showing what you have learnt</p>
5 mins	Washing of hands Time				
30 mins	Lunch time				
15 mins	Washing of hands and Guided relaxation				
40 mins	<p>Growth Mindset: Self-reflection and goals</p> <p>Having goals can help build self- esteem because it reinforces the idea that ability is not innate but something we have to work towards. However, in order for goals to be successful, it is important that children can reflect on who they are, what they enjoy and what</p>	<p>Growth Mindset: Self-reflection and goals</p> <p>In this activity you are going to reflect about who you are.</p> <p>Complete the activity 'I am someone who'.</p> <p>You may want to complete the sentences or talk about it with your adults at home.</p>	<p>Growth Mindset: Self-reflection and goals</p> <p>Teaching children to break their goals down into smaller steps offers them lots of opportunities for success and feelings of achievement.</p> <p>Think about a goal you would like to achieve. What do you need to do to achieve this goal?</p>	<p>Growth Mindset: Self-reflection and goals</p> <p>Facing challenges and trying something new is a great way to learn. It's okay not to get something right the first time, you can keep working towards a goal and maybe next time you'll get it.</p>	<p>Music or French: Complete the activity set out by Mr J or Madam Parke</p>

	<p>they want to learn. This self-reflection helps goals to be relevant and achievable.</p> <p>Activity 1: Complete the fact file activity 'all about me' to encourage self-reflection.</p>		<p>Create your own 'step by step mountain' or complete the activity sheet.</p> <p>You could also complete the activity 'my goal ladder'.</p>	<p>Have a go at the "facing new challenges" task.</p> <p>Remember to persevere! (Try, try and try again)</p>	
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2:05-2:30

Read a story