

Watermelon lemonade

(<https://www.bbcgoodfood.com/recipes/watermelon-lemonade>)

Ingredients

- 1 large or 2 small watermelons
- 250ml lemon juice (from a bottle or squeeze your own)
- 100g golden caster sugar
- 1l bottle soda water
- 1 lime, cut into slices
- small handful mint
- crushed ice

Method

1. Cut the top off the watermelon and hollow it out using a large spoon, fishing out any pips along the way. Mash the flesh through a sieve into a bowl. Put the flesh in a blender (or use a tall jug and hand blender) with the lemon juice and sugar, whizz to a purée, then stir in the soda.
 2. Heap some ice into the hollowed-out watermelon and fill it with the lemonade mixture. Serve the rest in a jug with the lime slices and mint. Have a bowl of extra crushed ice on the side so people can help themselves.
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Peach Iced Tea

(<https://www.bbcgoodfood.com/recipes/peach-iced-tea>)

Ingredients

- 200g granulated sugar
- 5 ripe peaches, 4 stoned and chopped, 1 sliced to serve
- 4 teabags

Method

1. Tip the sugar into a pan with 250ml water. Bring to the boil slowly, ensuring the sugar is fully dissolved. Add the chopped peaches and cook until very soft. Remove from the heat, mash the peaches with a fork, and leave to infuse for 1 hr.
 2. Sieve the syrup through a fine sieve into a jug, mashing the fruit to release all the liquid. *The syrup will keep in the fridge for one week.*
 3. Put the teabags in a large heatproof jug and pour over 2 litres boiling water. Leave to steep for 4 mins, then carefully remove the teabags. Leave to cool, then transfer to the fridge until chilled.
 4. Stir the peach syrup into the iced tea with some ice, or pour a little of the syrup into tall glasses and add the tea. Top up with more water, sparkling water or ice. Add peach slices to serve.
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Apple, elderflower & mint sparkle

(<https://www.bbcgoodfood.com/recipes/apple-elderflower-mint-sparkle>)

Ingredients

- 75ml elderflower cordial
- 1l cloudy apple juice
- small handful mint leaves, roughly chopped
- bottle sparkling water

Method

1. For a grown-up non-alcoholic drink, mix elderflower cordial with cloudy apple juice. Add a small handful mint leaves, stir well, then pour into a chilled flask.
 2. At the picnic, pour half glasses of the juice and top up with sparkling water.
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Jungle juice

Ingredients

Ice

100ml of Orange juice

100ml of Cranberry juice.

Method

1. Put plenty of ice into the glass.
2. Pour 100ml of Orange juice over the ice.
3. Pour 100ml of Cranberry juice on top.
4. Enjoy!