



Chicken and Vegetable Soup



This soup may not have the nicest look but it certainly has lots of flavour.

Ingredients

3 medium carrots diced

1 small turnip diced

1 medium brown onion chopped

Potatoes or any other vegetable you would like to add

2 diced chicken breasts or any bits of leftover chicken

Half a cup of pearl barley and split red lentils (optional)

2L of chicken stock

Salt and pepper to taste

Method

- 1. Chop all your vegetables*
- 2. Add all ingredients to the pot*
- 3. Add your salt and pepper*
- 4. Put a lid on the pot and put on a high heat*
- 5. When the soup starts to bubble, turn the heat down*
- 6. Leave it to cook for 35 minutes*
- 7. Taste and add any more seasoning if required*
- 8. Enjoy this nice and easy soup with some bread*