



Intent

PE forms an essential part of our school vision that each child is ...

'Healthy in mind and body with a zest for life'.

The intent of the PE curriculum is to underpin that strand of our school vision through teaching of the National Curriculum.

We aim to develop our children's physical development with diverse, engaging and practical P.E. teaching. Our exciting curriculum focuses on the progression of core skills in a variety of indoor and outdoor P.E. sessions, while introducing our students to a number of different sports.

At the centre of our curriculum is a focus on the development of core skills that are applicable in a variety of sporting disciplines. A core skill-set allows the students to confidently access the different sports that the school provides in lessons, in clubs and in teams. This begins in reception with basic ball and catching skills all the way to Y6 where students are focusing on the core skills of football, hockey, basketball, gymnastics and dance amongst others.

We will continue to provide our students with opportunities to become physically confident by developing their physical health, competitive nature and love for sports.

Our intent for PE, is that all children understand the importance of healthy living and being active as well as learning the skills necessary to be able to participate in different sporting activities.

We believe that all children should be given the opportunity to experience the joy of competition whether representing St Edmund's school at local level or competing internally for their House Team or at sports day.

We want children at St Edmund's to develop a lifelong appreciation of exercise and understanding its impact on their health and fitness.

Aims and Objectives

Our aims, objectives and outcomes are clearly set out in our PE policy.

Regardless of skill level, the school provides learning activities which aim to

- engage and inspire all children,
- nurture their enjoyment of physical activity and team sports
- ensure good progress is made by all.

Children receive high quality, well-planned PE lessons and opportunities covering the National Curriculum.

During the course of the year, each child will participate in dance, gymnastics, games and athletics lessons.

Swimming is taught in Years 3, 4 and 5.

A wide range of clubs also ensure opportunities to participate in and experience football, cricket, judo, rugby, netball and tennis to name but a few.

St. Edmund's is fortunate to have highly skilled and trained specialist PE teachers within its staff who can advise and support all additional staff and children as well as running some of the clubs mentioned above.



St Edmund's Catholic Primary School's Subject Stories

P.E.



Implementation

At St. Edmund's, the National Curriculum is delivered through carefully planned lessons – offering a wide variety of sports. As in all subjects, we have high expectations of teaching provision in PE. This has been validated in the receipt of the School Games Gold Award. At St. Edmund's the Merton Scheme of Work is used to supplement planning and delivery of the National Curriculum.

Specifically, Early Years and KS1 focus on core skills such as effective movement, throwing, catching and balancing. These are introduced via different games and play based scenarios building up to some team based activities by the end of Y2.

In KS2, these core skills are utilised in indoor and outdoor P.E. lessons with the introduction of invasion games, striking and batting games, net/wall games, gymnastics and athletics.

Furthermore, our netball, football, rugby, tennis, Zumba and cricket clubs allow our children to employ their skills in discipline specific scenarios and competitively against other schools in Richmond Borough and the Heathfield Cluster.

Children in both KS1 and KS2 are all given the opportunity to participate in Inter House Competitions through a variety of different sports.

In the Summer Term, every child within the school (including Nursery and EYFS) take part in our annual Sports Day.

All children are encouraged to trial for our school teams and are aware that these are fluid and reward both commitment and skill.

Fair play is a core value at St. Edmund's and whilst competitiveness is encouraged, enjoyment is always our ultimate priority.

Impact

- ✓ The school competed in a range of competitions including football, rugby, athletics, netball, swimming and cricket. Our teams are mostly successful, with the Girls and Boys Football Team and the Netball team winning their respective leagues.
- ✓ We are committed at St. Edmund's to promoting leadership within our sporting life and all KS2 children therefore undertake sessions where they plan, coach and support the younger members of the school in a variety of activities. Although these sessions provide high levels of enjoyment, the main outcomes are to increase their confidence, patience, co-operation and respect which are the main values associated with sport. This is always a huge success.

If you were to walk into a P.E. lesson at St. Edmund's, you would see:

- Cumulative skills progression between and within lessons.
- Each lesson has a skill that is taught and then utilised in different ways.
- Questions are used to assess physical effects of exercise, tactics and for student feedback throughout the lesson.
- Children are given the opportunity to praise and critique their own and others performances, abilities and development.
- All children engaged, stretched and enjoying their P.E. lesson.

Beyond St. Edmund's

Children leave St. Edmund's ready to enter secondary school feeling confident about taking part in all PE activities. Often children who did not represent St. Edmund's in any inter school teams find that they are chosen to be a part of their secondary school teams.

Many of our children then go on to represent clubs in cricket, football, rugby, netball, athletics and some go on to represent at county level.

Our commitment is to increase and sustain participation in sport for our children long after they have left primary school. We ensure that they have an awareness of pathways to sports clubs and leisure providers outside of school.



St Edmund's Catholic Primary School's Subject Stories

P.E.



Pupil Voice

Year 6 Pupil: 'I love playing competitive games, especially Football and Rounders and I feel I have improved a lot. Also, learning about and how to do the Charleston in dance lessons was great fun.'

Year 4 Pupil: 'P.E is great fun. We get to learn lots of new skills and use lots of different equipment.'

Year 2 Pupil: 'My favourite thing is Gymnastics and now I go to a club outside of school. Also, I like running and being outside in the fresh air.'

Year 2 Pupil: 'I like to do the daily mile with my friends – it makes me feel refreshed.'

Successes in 2019/ 2020

- ⊙ *Our sports teams continued to compete in competitions with our football and netball teams doing especially well.*
- ⊙ *Successful introduction and implementation of the Merton Scheme of Work.*
- ⊙ *Quality of teaching remains very high.*
- ⊙ *Successful reaccreditation of the Gold Sports Mark Award*

Priorities for 2021-2022

- ⊙ *Continue to run Inter House Events across the school.*
- ⊙ *Continue to enter Borough Tournaments and run a wide variety of sports clubs*
- ⊙ *Platinum Sports Mark Award to be researched and prepared for application.*
- ⊙ *Monitor the impact of PE lessons across a sample of year groups*