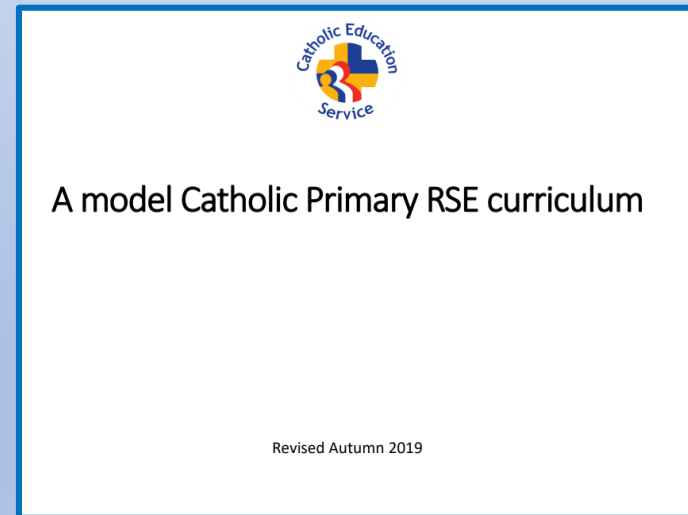
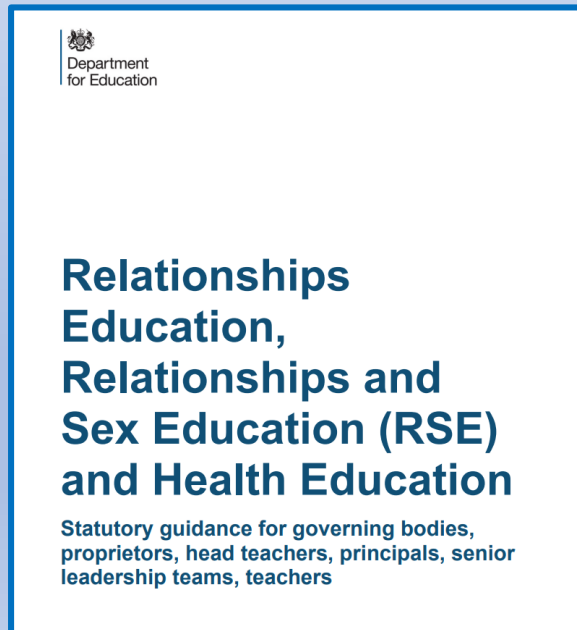


Relationship and Sex Education (RSE) at St Edmund's



Catholic schools, like all other schools in England, are required to teach RSE following the guidance issued by the Department for Education on Relationship Education, Relationships and Sex Education (RSE) and Health Education.

Catholic schools are also required to deliver RSE in accordance with the teaching of the Church. This approach is compatible with the guidance issued by the DfE.





What does outstanding RSE in Catholic schools look like?

In order for Catholic RSE to be fully effective it needs to do the following:

Be faithful to the Church's vision of human wholeness whilst recognising the contemporary context in which we live today;

Involve parents as they are primary educators of their child;

Provide a positive view of human sexuality and dignity of the human person;

Equip young people with the ability to make practical judgments about the right thing to do in particular circumstances;

Explore and promote virtues which are essential to promoting respect and dignity;

Be delivered in an age appropriate way which reflects the development of the child;

Be part of the cross-curricular work

Be sensitive to the needs of the individual pupil and recognise the mix of pupils with different sexual orientations, genders and family backgrounds in each class;

Be taken seriously by governors and teachers as an integrated part of the broad and balanced curriculum that Catholic schools offer;

Be delivered by competent professionals who understand the Church's teaching.

RSE at St Edmund's

Parents are recognised as the primary educators of their children.

At St Edmund's we follow the Ten:Ten scheme of work.

This scheme of work is approved by the Diocese and is used by most other Catholic schools throughout England.

RSE is taught throughout the Summer Term.

Different year groups teach it in different ways to ensure it is appropriate for the children in that cohort.

It is changed and adapted to meet the needs of the pupils.



RSE at St Edmund's

[Life To The Full – Primary – Ten Ten Resources](#) -5m 30s from the parent portal
main page video



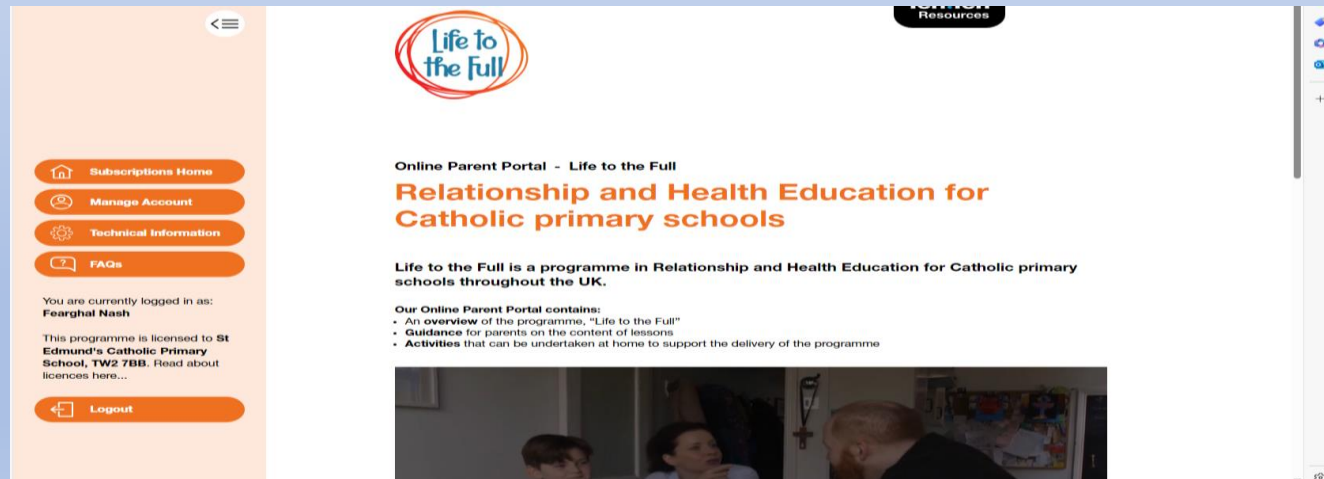
RSE at St Edmund's

A Parent Portal is provided so that you can see the resources used in the teaching of RSE at St Edmunds.

www.tentenresources.co.uk/parent-portal

School Username: st-edmunds-tw2

School Password: stadium-seats



The screenshot displays the 'Life to the Full' Online Parent Portal. On the left, a navigation sidebar includes buttons for 'Subscriptions Home', 'Manage Account', 'Technical Information', and 'FAQs'. Below these, it shows the user is logged in as 'Fearghal Nash' and provides licensing information for St Edmund's Catholic Primary School. The main content area features the 'Life to the Full' logo, the title 'Online Parent Portal - Life to the Full', and the subtitle 'Relationship and Health Education for Catholic primary schools'. It also includes a brief description of the programme and a list of contents: an overview, guidance for parents, and activities. A video player is visible at the bottom of the page.

RSE at St Edmund's

EYFS

- Staying safe

Year 1

- Appropriate and inappropriate physical contact
- Harmful substances

Year 2

- Biological names for the parts of the body
- Appropriate and inappropriate physical contact
- Hygiene

Year 3

- Biological names for the parts of the body
- Appropriate and inappropriate physical contact
- Hygiene
- Harmful substances

Year 4 – separate for boys and girls where appropriate but content shared with both groups

- Biological names for the parts of the body
- Physical changes that will occur as children enter adulthood
- Appropriate and inappropriate physical contact

Year 5 – separate for boys and girls where appropriate but content shared with both groups

- Understanding your changing body
- Physical changes/Puberty:
 - Boys: Erection/Wet Dream, Voice Breaking and Shaving
 - Girls: Periods and Breast Growth
- Hygiene:
 - Hair, Spots, Deodorant, Body Smells, Looks/Image
- Feelings/Relationships:
 - Mood Swings/Attitude/Respect/Care for others
- Forms of abuse – including explaining that Female Genital Mutilation (FGM) is a form of abuse.





Year 6 – separate for boys and girls where appropriate but content shared with both groups.

- Understanding your changing body
- Puberty
- Physical changes:
 - Boys: Erection/Wet Dream, Voice Breaking and Shaving
 - Girls: Periods, Bra and Breast Growth
- Reproduction - Sexual intercourse - How babies are made
- Hygiene:
 - Hair, Spots, Deodorant, Body Smells, Looks/Image
- Feelings/Loving Relationships:
 - Mood Swings/Attitude
- Understanding the importance of family life, stable and loving relationships, respect, love and care.
- Forms of abuse – including explaining that Female Genital Mutilation (FGM) is a form of abuse.

Female Genital Mutilation (FGM)

In Years 5 and Year 6 children learn about different forms of abuse. The main aim of this is to give the children the tools to keep themselves safe and to recognise what is harmful.

One form of abuse that is taught is FGM. This is an abuse that is more widespread than most people think. It is included in the primary curriculum as this abuse happens to girls of primary school age and if we are all aware of it then we, as a society, can work together to stop it.

[Keeping Safe – Ten Ten Resources](#) – FGM video on parent portal
Years 5 and 6 Module 2 Unit 4



How you can support at home

- Look at the resources using the Parent Portal
- Talk to your children about what they are learning
- Give your children the opportunity to ask questions
- Try to be factual as possible while taking into account your children's age.



Questions

